

# 333 East Foothill Boulevard Glendora, California 91741-3380 (626) 914-8235

**Hours: Monday-Friday, 8:00am - 5:00pm** (with some extended evening hours for scheduled classes and programs)

The La Fetra Center provides programs, services, and activities to seniors, their families, and the community at large. While the focus of the Center is on mature adults aged 55+, most activities are open to adult residents and non-residents alike. Some services, such as the Senior Café and Meals on Wheels, require a minimum age of 60 years old.

### **INFORMATION & REFERRAL**

#### Monday - Friday | 8:30am - 4:30pm

Seniors and their families in Glendora and surrounding areas are linked with information on agencies, organizations, programs, etc. of interest to them. Call Human Services at (626) 914-8235 if you're seeking assistance and wondering where to go first. We can help identify needs and agencies/groups to serve you.

#### City offices will be closed on:

Monday, January 2 & 16 Monday, February 20 Monday, May 29

#### **CASE MANAGEMENT**

#### **Co-Sponsored by the Senior Care Network**

Huntington Senior Care Network (HSCN) offers professional assistance to help keep older adults and adults with disabilities healthy and independent. We also assist those who provide care for someone who is frail, elderly, or disabled. A Care Coordinator is available to:

- Provide information on community resources and refer you to them
- · Explore options that can keep you at home
- · Answer questions about resources and services
- · Talk about solutions to problems that can affect your independence
- Refer for care management services (in-home assessment, individualized plan of care, service arrangement, monitoring)

# The Care Coordinator is available by calling the HSCN Resource Center at (800) 664-4664 for assistance.

These services are provided at no charge. They are funded in part by the Los Angeles County Area Agency on Aging Integrated Care Management Program and the California Department of Aging Multipurpose Senior Services Program (MSSP).

## **VOLUNTEER PROGRAM**

Give some time. The Center has many opportunities for volunteer service, including receptionist, nutrition, clerical assistance, special events, and more! Call (626) 914-8235 today! Ask for Carol.